

## Instructions for Patients Injured in Automobile Accidents

Oregon is a “no-fault” insurance state. Regardless of who is stated or assumed to be at fault, your insurance is billed for the care provided to you, not the other driver’s company. If contacted by a representative from the other driver’s insurance, it is usually best to have them just contact your agent.

In order to facilitate accurate communication and billing, please complete the following:

- Make sure you have filled out an “Oregon Police Traffic Crash Report”. Bring your copy in for us to enter into your records.
- Report your accident to your insurance company, open a medical claim (this is a different claim than for damage to your vehicle) and request a PIP (Personal Injury Protection) form. (You will need to complete this PIP form and return it to your insurance company so they can initiate communications and payment for your services.) Provide us with a copy of your completed PIP form and keep a copy for your own records.
- Your insurance company will provide you with an insurance claim number. Please inform us of this claim number once obtained.
- Keep this office updated on any changes in coverage, claim status, injury-related work-loss or legal representation as they occur. Create and maintain a file of all records for yourself.

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**We have put together a collection of videos designed to help you understand why you are in pain and how chiropractic can help.**

Go to my website at “[www.DrAungst.com/injury6.html](http://www.DrAungst.com/injury6.html)” and watch the following videos:

### Video Library



#### **A Tale of Two Crashes**

This video uses live crash test footage to describe the violence of a low speed collision. In this crash, the occupant's head reaches 9 Gs of force—as much force as a jet fighter pilot might experience.



#### **Recovering From Auto Injuries**

Whiplash is a unique kind of injury caused by a very specific type of collision. This video describes what happens to your neck during a rear end collision and describes how the ligaments of your spine can be damaged in a crash. Learn more about whiplash injury.



#### **Understanding Mild Traumatic Brain Injury**

Brain injuries can occur from an auto collision -- even without direct head impact. This video describes how brain injury occurs and some of the most common symptoms of head injury. You can also read more in our brain injury section.



#### **Understanding Low Velocity Whiplash Biomechanics**

These videos describe whiplash injuries in great detail. From the physics of a low speed collision, to the issue of low vehicle damage, to injury mechanisms. It's all here in this collection.

**There are numerous additional links throughout the site that can be followed for more in-depth information.**